Liste des fréquences de radiocommunications SHTF des survivalistes et preppers

**SHTF FREQUENCY LIST**

This chart of active survivalist and prepper frequencies was released into the public domain in 2013 by Radiomaster Reports.

More information about this list, and frequency charts with programming files are available at RADIOFREEQ.WORDPRESS.COM

**3-3-3 Radio Plan**

- **Channel 3**
  - Every 3 hours
  - For 3 minutes

**3-3-3 Radio Plan - The Survivalist Radio Schedule**

This is the "When, Where, and How" to make radio contact with each other for SHTF. The 333 Radio Plan was designed for SHTF communications, when normal methods of communication fail. Versions of the 3-3-3 are used by survivalist, prepper, and emergency communications groups worldwide. It is based on the easy-to-remember "Survival Rule of Threes". It is often called an emergency radio schedule or sked.

**About the 3-3-3 Radio Plan**

Here’s how the 3-3-3 Radio Plan works:

- Turn on your radio. Every 3 hours. For 3 minutes. Channel 3.

**When: Every 3 Hours**

Always use your Local Time for local area communications with the 3-3-3 Radio Plan. At the "top of the hour", each 3 hours:

- Noon, 3pm, 6pm, 9pm.
- Midnight, 3am, 6am, 9am.

**How Long: For 3 Minutes**

At the top of every 3rd hour, turn on your radio. Even if you don’t need to make a call yourself, always turn on your radio and listen for calls for at least 3 minutes. This is because you never know if someone may be trying to reach you, or may need help. If you need to check in, make a short transmission at this time. Say “This is me, just checking in.” If you have sufficient battery power, or if you have not connected in for a while, then you should listen for 15 minutes.

**Accurate Time Keeping**

Synchronize your watch with others whenever possible. If you doubt your watch accuracy, compensate by keeping your radio on for a longer duration, before and after every 3rd hour. If you don’t have a watch, try listening to an AM broadcast radio station, they always identify their call letters at the top of each hour.

**Where: Channel 3**

Channel 3 usually applies to CB, FRS, or MURS. These are the most common types of radios used. If your group has a different designated SHTF channel or Prepper SHTF HAM frequency, you should use it instead of Channel 3. For example, the ham 2 meter simplex calling channel 146.520 MHz. The rest of the 3-3-3 Radio Plan remains the same. Keep it simple.

**How It Works: Features of the 3-3-3 Radio Plan**

1. Easy for everyone to remember the “Rule of Three”.
2. Conserves precious battery life for walkie talkies.
3. Gets everyone on the air at the same time.
4. Sets a schedule of 8 times per day to call each other.
5. Avoids impractical hourly schedules.
7. Three hours is enough time to rest in a survival situation.
8. A person can walk 8 miles in 3 hours, the practical distance limit of handheld radios over average terrain.

**Version:** SHTF_FREQUENCY_LIST_2013E